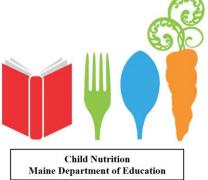
Now It's Time For...







Breakfast OVS

- How many <u>items</u> do students have to select (at minimum)?
 - Item examples: i.e. 2 oz bagel= 2 items ½ cup grapes= 1 item

What is the required item that students must take?

Offered



½ cup Fruit



1 cup milk



1 oz M/MA (Grain)

1 oz Grain



½ cup Fruit













Yes













Offered



½ cup Fruit



1 oz Grain

½ cup Fruit

1 oz M/MA (Grain)



1 cup milk



Yes



Offered



½ cup Fruit



½ cup Fruit





1 cup milk







Yes





Yes



Offered



½ cup fruit



½ cup fruit





1 oz M/MA= 1 oz Grain



2 oz Grain

1 cup milk











Yes











½ cup Fruit





1 cup milk

½ cup Fruit

2 oz G + 2 oz M/MA = 4 G











Lunch OVS

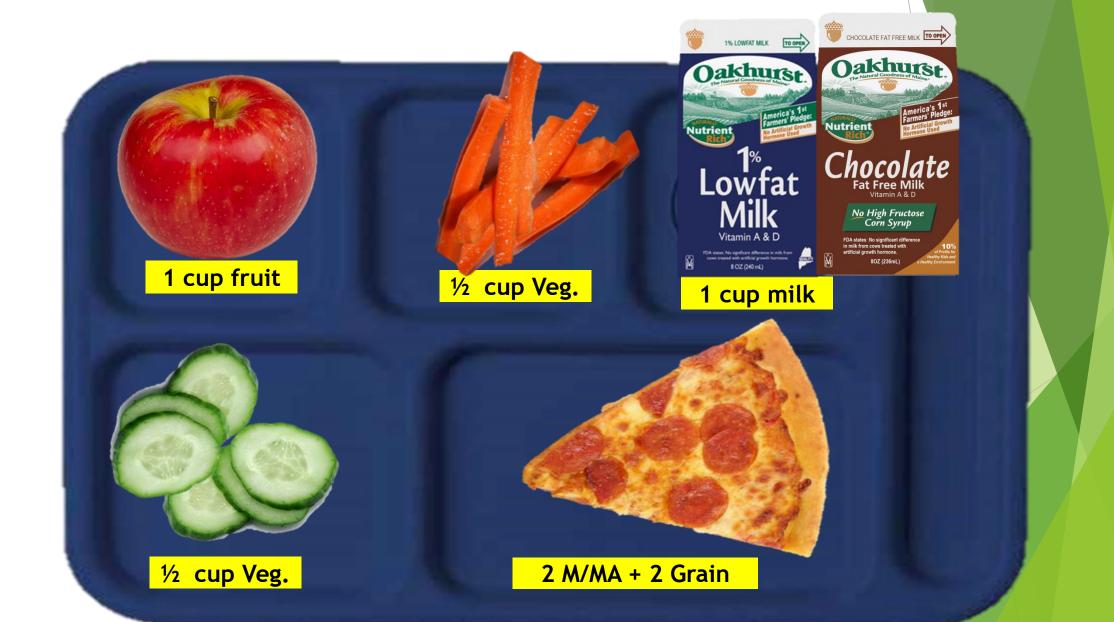
- ► How many <u>components</u> do students have to select (at minimum)?
 - ► Component= food group (i.e. grain, vegetable)

► What is the required component that students must take?





















Thank you

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(Federal statement updated 1/3/2020)

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